

Me

I am the only “me” I’ve got. I am unique. There are two major parts of me. There is the inside “me” and the outside “me”.

The outside me is what you see: The way I act, the image I portray, the way I look and the things I do. The outside me is very important. It is my messenger to the world and much of my outside me is what communicates with you. I value what I have done, the way I look, and what I share with you. The inside “me” knows all my feelings, my secret ideas, and my many hopes and dreams. Sometimes I let you know a little bit about the inside “me” and sometimes it’s a very private part of myself.

Even though there are an enormous number of people in this world, no one is exactly like “me”. I take full responsibility in this world, no one is exactly like “me”. I take full responsibility for “me” and the more I learn about myself, the more responsibility I am going to take. You see, my “me” is my responsibility. As I know myself more and more, I find out that I am an OK person. I’ve done something things in life because I am a good person. I have accomplished some things in my life because I am a competent person. I know some special people because I am worth knowing. I celebrate the many things I done for myself.

I’ve also made some mistakes. I can learn from them. I have also known some people who did not appreciate me. I do not need to keep those people in my life. I’ve wasted some precious time. I can make new choices now. As long as I can see, hear, feel, think, change, grow, and behave, I have great possibility. I’m going to take those risks and those possibilities, and I am going to grow and love and be and celebrate. I am worth it.