

This month, we remember ...

- Stuart Hatcher, son of Peter & Frances Hatcher who passed on February 14th 1985.
- John Edward Pettit, brother of Shirley Paterson who passed on February 15th 2005
- Bella Burdenick, mother of Bonnie Stockdale, passed Feb 2nd 2001 - a loving mother and grandmother. " Do not stand at my grave and cry, I am not here, I did not die"

Healing @ SSB

Healing is available, by appointment, on the third Monday of each month. Appointments are available between 6.30 pm & 8.30 pm

Upcoming dates:

February Date: 20th

March Date: 19th

For an appointment, contact MaryAnn Leonard: 905 332 9934

Who's On ...

February 2012

- 5th Shelia Black & Jana Hefferman
12th Peter Hatcher
19th Thought Exchange
26th Rev. Doug Eyre

March 2012

- 4th TC Kendall & Rev. James Kinnear
11th Dennis Cooper
18th Heather Bortolussi
25th Brenda Ropp

Upcoming Events

- March 31st – *Sensing and Seeing Spirit* workshop with Sandra McFadden.
- April 4th – *An Evening of Mediumship*
- April 6th & 7th – *Reaching Further* workshop with Sandra McFadden.

The Message

Issue: 3.3 Feb. 2012

Spiritual Guides – a Poem

Who are they, what do they do?
Where do they come from, are they for me and you?
What do they look like, how do they sound?
Where do you keep them, where are they found?

Can you hear them, see them, touch them
How long do they stay?
Maybe a year, a week or just even a day

Questions you ask of them you see
They are here to help us you and me
To guide and love us through all our years
Keeping away darkness and negative fears

But to find one yourself there's little to do
Just relax and listen to the true you
The little word or thought in your head
Is it a guide or something you read

My guess is with little effort and care
Your going on a journey so be prepared
To a wonderful place that's hard to have foreseen
Where your guides are and have always been

Talk to them and listen with ease
To what they say you will be pleased
So now you know your questions fulfilled
Because you took the time your mind you stilled

It doesn't take much, just a few minutes a day
To meet your guides who have something to say
Words of great wisdom given with love
To spread round the world from up above

Terrie Brushette



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Spiritualist Society of Burlington

Spheres of the Spirit World

This month we are starting a series of articles that talk about the levels or spheres that are said to exist within the spirit world. The spheres are essentially areas of energy within which spirit reside, with the frequency of that energy determining the level of unfoldment.

Early Spiritualists suggest that all planets have spirit worlds or spheres. Most descriptions say there are seven spheres attached to earth, although the number could be arbitrary and only for convenience. Seven is the number used because that is all that those in the earth's spheres know about. Some state that there are innumerable spheres, and there is no end to the unfoldment and progress of those in the spirit world. Others feel that any harmonic number that represents the stages of spiritual growth is valid, because the seven spheres are likened to the seven colors of the spectrum and seven notes in the harmonic scale. The point to be borne in mind is that there is no sharp demarcation between the spheres; they merge into each other. The spheres present newer and higher conditions to spirit as they ascend and eventually go on to more universal spirit spheres.

Andrew Jackson Davis suggests that spiritual spheres are formed from emanations from the earth and its objects. The emanations from material things tend to assume the same form and shape they had on earth; trees, flowers, and birds, for example, are similar, but more refined and beautiful. The spheres belong to the spiritual side of things and have an order of their own. The lowest sphere interpenetrates our own spatial order on earth.

Each sphere is divided into six circles or societies, with kindred spirits being together with the predominant features of all countries and tribal nations being represented in the different heavens; national distinctions and boundaries exist, and there are divisions in each zone. For example, American Indians have their own heavens and advance as others do. Each tribe has its own space.

Each sphere is continuous and in advance of the sphere below to it; there is a graded system of progress. Those in the higher spheres can visit the lower ones by conditioning themselves to the environment and changing their vibrations. Each sphere has teachers and instructors who qualify for the next sphere, but stay in order to teach. These spirits are the only ones who can visit upper spheres.

Passing from the lowest spheres of probation and active work to the higher spheres of contemplation are like the change we call death. Little is known of the higher spheres, and as we come nearer to the adoration of the Supreme, we lose our individuality and personality. Eventually we become merged with the center of light and knowledge.

One question that is often asked is where are the spheres of the spirit world? The answer to that is that not always that easy to understand because distance is not experienced the same way as we experience it here. Spirit exists in a realm of thought where everything around them is a reflection of their beliefs and experience. In many ways, it can be said that it is a rarified version of earth, but the natural laws governing life there are very different to those on the earth.

As previously mentioned, everything on earth has its duplicate in the spirit world, albeit a finer, more beautiful version. What is "solid" and appears real on earth may not be as solid in the spirit world. This means that comparing locations and distances on earth and in the spirit world don't always correspond, or aren't always meaningful.

When the location of the spheres are discussed, it should be borne in mind that the distances given, although they are relative to the earth, are also used as a means of describing progress to areas of higher, even more refined energy. If we were to go to a location on earth indicated by a distance given, it will not result in our seeing anything. Our senses are tuned to the earth, and as such we will not be able to discern anything other than the earthly environment.

In 1917, J. Hewat McKenzie established the following distances from the surface of the earth to the spirit world spheres:

1 st	300-750 miles
2 nd	1000-1250 miles
3 rd	1350 miles Summerland
4 th	2850 miles Philosophers' Sphere
5 th	5050 miles Advanced Contemplative and Intellectual Sphere
6 th	9450 miles Love Sphere
7 th	18,250 miles Christ Sphere

*Extract from: The Spirit World: Descriptions by
Early Spiritualists by Barbara N. Starr*
