

This month, we remember ...

- Bob Hatcher, the late father of Peter Hatcher who would have celebrated a birthday this month.

Healing @ SSB

Healing is available, by appointment, on the second and fourth Monday of each month. Appointments are available between 6.30 pm & 8.30 pm

March Dates:

14th March
28th March

April Dates:

11th April
25th April

For an appointment, contact MaryAnn Leonard : 905 332 9934

Who's On ...

March 2011

6th Marilyn Mazzotta
13th Victor Abbott
20th Rev. Doug Eyre
27th Malcolm Skanes

April 2011

3rd TC Kendall, Sheila Black,
Cheryl Bassett
10th Vera Molinaro
17th Peter Hatcher
24th Rev. James Kinnear

Upcoming Events

May 2011 ~ *International Mediums Series*

7th **Healing Journey** workshop with Karen Willis

This is a unique opportunity to join Karen in a healing workshop where you can discover the different aspects of healing, from motivations for becoming a healer, to self-healing and ways of empowering ours to heal themselves.

27th/28th **It's All About the Power of Spirit** workshop with Karen Willis

This is an intensive two-day workshop to enhance your mediumship. You will learn to create a sacred space in which to explore inner strength and harmony and develop the relationship with self and spirit. The workshop will also cover a wide range of subjects including the roles and responsibilities of working for spirit, the dynamics of mediumship, understanding your potential and gaining confidence and getting the most from your spirit connection.

Please see TC Kendall to obtain registration information.



Spiritualist Society of Burlington
Roseland Plaza, 3027 New Street, Burlington, ON
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The Message

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Another Success!

We would like to thank everyone who took the time to participate in making the recent gourmet dinner a complete success. The sold-out event went without a hitch, and despite the snow earlier in the evening; it didn't deter everyone from getting there and having a good time.

The gourmet dinner is one of those events that people look forward to and we are told how much everyone enjoys being able to sit a talk and get to know one another better. This year was no exception!

Those that attended would like to extend their thanks and gratitude to the Rev and his team (Jana, TC, Fran, Peter, Shirley, Laurie and Tammy) for making it such a special evening.

A Poem ...

When I must leave you for a while,
Please do not grieve and shed wild tears
And hug your sorrow to you through the years
But start out bravely with a gallant smile;
And for my sake and in my name
Live on and do all things the same.
Feed not your loneliness on empty days,
But fill each waking hour in useful ways.
Reach out your hand in comfort and hold me dear,
And I in turn will comfort you and hold you near,
And never, never be afraid to die,
For I am waiting for you in the sky.

Anon

Spiritualist Society of Burlington

The Seven Principles Explained: Conclusion

Over the last seven months we have tried to explain the background to the Seven Principles of Spiritualism within the context of current understanding and terminology. These articles should not be regarded as an authorized or definitive version of the Seven Principles and nor do they seek to establish creed or dogma, nor call for unqualified acceptance. The articles were intended to offer ideas for discussion, or perhaps provide new or different ways of thinking about or exploring the Seven Principles.

Having studied the Seven Principles, it quickly becomes clear that seemingly simple expressions have been found to have huge implications. What initially appeared to be a few well chosen and easy-to-follow words turned out to be profound, encapsulating ideas of great magnitude which impacted every aspect of human life.

The ideas presented in the previous articles are by no means the definitive and final versions. The understanding that underpins the Seven Principles will certainly grow as future generations of Spiritualists bring their knowledge and awareness to bear. In the meantime, it is hoped that the articles have given readers a foundation upon which they can build and expand their own understanding, giving them a framework to further explore the philosophy of Spiritualism.

Spiritualism does not standstill. At its core is the belief in freewill where we are each asked to make our own assessments and reach our own conclusions so that we grow in awareness at our own pace. There are no *right* or *wrong* answers. We are each of us on our own unique journey to awareness, and as we grow, our ideas and understanding will also grow and change.

Often, we realize that our understanding has changed when we re-read something again and see meaning that we completely missed the first time. At the same time, if the meaning remains the same, it still holds depth and realization for us without any external pressure to conform to someone else's interpretation.

Spiritualism offers each of us a future where we are free to explore our understanding in our own way, whether it's reading books, attending seminars and workshops or attending services. The Seven Principles are offered as a guide to help us begin to understand the interconnectedness of life.

The Seven Principles are not rules or Laws. Make of them what you will. We are each of us free to follow our hearts, allowing them to take us where they may. Enjoy your journey!

Extract from The Philosophy of SNU Spiritualism 2007

What is Spirituality?

Spirituality can refer to an ultimate or immaterial reality, an inner path enabling a person to discover the essence of their being; or the *“deepest values and meanings by which people live.”*

Spiritual practices, including prayer and contemplation are intended to develop an individual's inner life; such practices often lead to an experience of connectedness with a larger reality, yielding a more comprehensive self; with other individuals or the human community; with nature or the cosmos; or with the divine realm.

Science Meets Spirit ...

The initial findings of the Large Hadron Collider near Geneva, Switzerland unexpectedly revealed that the emerging collision particles seem to fly in the same direction. It was expected that the particles would fly in all different directions.

This unusual result could indicate that there may be an internal structure or consciousness that permeates through all matter; perhaps demonstrating a Unified Field of love and connectedness whose principle property is the universal urge to unite. Have scientists found a physical manifestation of Spirit? Time will tell 😊