

Let's hear from you ...

If you'd like to send something to be included in The Message, email us at: ssbmessage@hotmail.com

Healing @ SSB

Healing is available, by appointment, on the third Monday of each month. Appointments are available between 6.30 pm & 8.30 pm

June Date: 18th

July Date: 16th

For an appointment, contact MaryAnn Leonard: 905 332 9934



Who's On ...

June 2012

- 3rd Owen Ryan & David Singh
- 10th David Jones
- 17th Thought Exchange hosted by Rev. James Kinnear
- 24th Rev. Vera Molinaro

July 2012

- 1st Darlene Compton & Rev. James Kinnear
- 8th Peter Hatcher
- 15th Marilyn Mazzotta
- 22nd Dennis Cooper & Jana Hefferman
- 29th Rev. James Kinnear

Upcoming Events

June 2012

- 9th Rummage & Bake Sale – at SSB between 8.00 am to 2.00 pm
Donations can be dropped off on Fri. June 8th
- 20th An Evening of Mediumship with Claire Ziritt and Eamon Seix (Ireland)
7:00 p.m. Advanced Tickets only: \$15 each
- 25th Let's Talk Spiritualism starting at 7.30 pm

August 2012 – International Mediums Series Workshops

- 14th Spiritual Art Workshop 9:00-4:00 Fee: \$75
- 16th Healing Workshop 9:00-4:00 Fee: \$75
- 17th & 18th Mediumship Workshop 9:00-4:00 Fee: \$150

To register for any of these workshops, please see TC or visit our website at www.spiritualistsociety.com and go to *What's Happening at SSB: events for details*

The Message

Issue: 3.7 June. 2012

The Power of Thought – A short Story

One day, a yogi and his disciple arrived in the big city. They had no money with them, but they needed food and a place to stay. The disciple was sure that they were going to beg for their food, and sleep in the park at night.

"There is a big park not far from here. We can sleep there at night", said the disciple.

"In the open air?" Asked the yogi

"Yes", responded the student.

The yogi smiled and said: "No, tonight we are going to sleep in a hotel and eat there too".

The student was amazed and exclaimed, "We cannot afford that!" "Come and sit down", said the yogi.

They both sat down on the ground, and the yogi said: "When you focus your mind intently on any subject, it comes to pass."

The yogi closed his eyes and started to meditate with full concentration. After about ten minutes he got up and started to walk, with his disciple following him. They walked through several streets and alleys, until they arrived at a hotel.

"Come, let's enter inside", the yogi said to his disciple.

They just set foot in the entrance, when a well-dressed man approached them.

Continued over ...

"Never limit your view of life by any past experience."

Ernest Holmes



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Spiritualist Society of Burlington

"I am the manager of this hotel. You look like traveling swamis, and I believe you have no money. Would you like to work in the kitchen, and in return I'll give you food and a place to stay?"

"Fine", the yogi responded.

The disciple was perplexed and asked the yogi: "Did you use any magic? How did you do that?"

The yogi smiled and said, "I wanted to show you how the power of thoughts works. When you think with full and strong concentration about something that you want to happen, and your mind does not resist the subject of your thought, your thought materializes."

"The secret is concentrating, visualizing, seeing details, having faith and projecting mental and emotional energy into the mental scene. These are the general prerequisites. When your mind is empty from thoughts, and only one single thought is allowed to enter, it gains a very great power. One should be very careful with what he thinks. A concentrated thought is powerful, and exerts a very strong influence."

The disciple looked at his teacher and said: "I see that I have to sharpen my concentration in order to be able to use this power."

"Yes, this is the first step", the yogi replied.

A Contribution from our Congregation

This month we are pleased to include a poem sent to us by a member of our congregation, Walter Brzozowski. The poem is called "The Message" by John Two Hawks

You cannot see the wind. Yet it is there, mighty and mysterious in its power.

Wanbli, the eagle, trusts that unseen power to carry it to the highest altitudes where perspective is gained. And yet, that flight is not without unexpected twists and turns

It takes practice to learn the unseen wind currents of the Great Mystery, and faith to lean into them as we guided on our way through this life.

Sometimes they take you to places you would never expect - some good, some bad.

And yet, both can be part of the greater plan for our life.

Often, the greatest gifts are found just on the other side of a seemingly bad experience.

Many times, the road to our sacred path goes right through a patch of thorns.

It is important to remember that the patch of thorns often holds the key we need to take to the next step on our journey.

So keep your eye out for it.

Our life is like the flight of the eagle - a journey of faith.

We ride the unseen winds of the sacred path of our lives, sustained by our faith, held up by the Spirit, and taken to new heights by our willingness to dream. So do not let fear overcome you.

Hold out the wings of your spirit, leap into the unseen journey ahead, trust the Great Mystery to lift you up, and you will rise like the eagle to places where visions become your guide, and dreams become a reality.

We would like to thank Walter for taking the time to share the poem with us. I'm sure we can each of us take something from those words to help us on our journey through life.

Food for Thought ...

"The most difficult thing in life is to know yourself."